

# Annapolis Royal Recreation Community Programs, Summer 2010

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Phone: (902) 532-7667  
www.annapolisroyal.com



## Bicycle Rodeo

June 19, 10am-12 noon  
Sinclair Museum Parking Lot  
All ages  
Safety inspection, Riding Course  
Certificates & Prizes

## Bicycle Loan Program

Annapolis Royal Recreation has 3 bicycles available for use at no charge. These can be signed out for the day, weekend, or just an hour. Helmets are available as well. Visit Town Hall from 8:30-4:30 to take advantage of this offer. Valid driver's license required.

## Canada Day

Fort Anne  
July 1, 11:30am-4pm  
Cake cutting, Charlie Langmead and Musique 400 entertain, kite-making, games for children and adults, free hot dogs. Find full schedule at:  
[www.annapolisroyal.com](http://www.annapolisroyal.com)

## Tattoo Bus Trip

July 8  
Ages 55+ (FULL)

## Go Skateboarding Day

June 26, 10am - 1pm  
Farmers' Market  
Boys & Girls  
Skateboarding & Prizes

## Skateboard Camp

July 12 - 15, 10am - 4pm  
AWEC Cost: \$25  
Boys & Girls, Ages 9-14  
Equipment is provided!  
To register contact: 532 - 7667

## Pool Schedule

### Morning Lessons:

July 5 - 16  
July 19 - 30  
August 2 - 13  
August 16 - 27

### Evening Lessons:

June 21 - July 2

### Weekly Public Swim until July 2:

3:00 - 5:30

### Pool Schedule (starting July 5):

#### Monday - Friday

Lessons	8:30 - 11:30
Lane Swim	12:00 - 1:00
Public Swim	2:00 - 4:00
Swim Team	4:00 - 5:00
Aquasize/Lane	5:00 - 6:00
Public Swim	6:00 - 8:00

#### Saturday & Sunday

Lane Swim	12:00 - 1:00
Public Swim	1:00 - 4:00

### Cost:

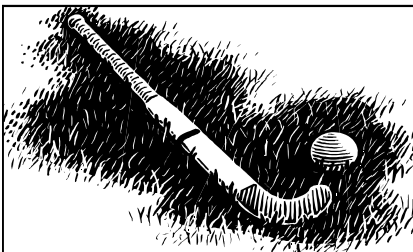
Preschool - Level 5	\$34 / 30min
Level 6 - Level 10	\$40 / 45min
Public Swim	\$3 / swim \$4 / day
Lane Swim	\$3
Pool Parties	\$50
Aquasize	\$5 or \$20 weekly
Family Pass	\$140

Registration & info contact: 532 1777



## Field Hockey

Mondays at 6:30 pm at AWEC  
Ages 15+  
Equipment Provided  
No Fee



## Doubles Tennis Tournaments

Various dates  
Contact: Brian Dickinson at 532 - 5568

## Tennis Camp

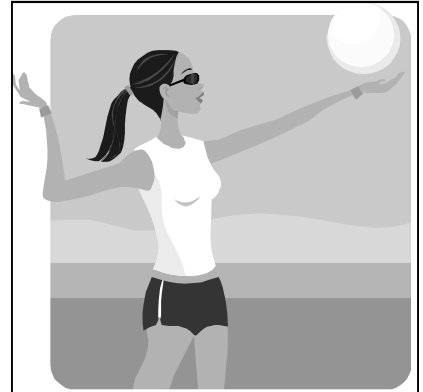
August 3 - 6  
Annapolis Royal Courts  
Ages 9-14  
\$15 per person  
Register by July 28

## Play Tennis

Annapolis Royal Courts are available for public use. Club-time exceptions:  
Wed 7-9 pm & Sun 2-4 pm  
Keys are available at Town Hall  
(\$5 refundable deposit)

## Recreation Soccer

Wednesdays & Fridays at 6:30 - 8:30  
AWEC Field  
15+ Co-ed  
No fee



## Beach Volleyball

AWEC Court  
Thursdays at 6:30pm  
Beginning July 8  
Ages 14+ (no fee)

## Market Mania

Farmer's Market - Thursdays 7pm  
Thursday night fun-n-free events.  
**Dancing at the Market**  
with dance instructor Durline Melanson.  
July 1 & 15, August 5 & 19  
**Washer Toss**  
July 8, 22 & 29, August 12 & 26

### Fort Anne

Family Fun at Fort Anne

#### 'Military Pageant' afternoon

July 4, 1-4 pm

#### 'First Nation' afternoon

July 17, 1-4 pm

#### 'Our African Nova Scotian Culture' afternoon

August 14, 1-4 pm

#### 84th Regiment of Foot Encampment

July 31 - August 1

#### 'Heritage Snapshot' afternoon

August 29, 1-4 pm

#### 'Nova Scotia Day' afternoon

September 10, 1-4 pm

#### For more information:

<http://www.pc.gc.ca/lhn-nhs/ns/fortanne/activ/special.aspx>



### Historic Gardens

#### Canada Day July 1

Children's activities, music and fun in celebration of Canada Day. Check online for details.

#### Photo Contest & Exhibit August 13-22

A wonderful look at the Historic Gardens through the eyes of amateur photographers. Submission Deadline: August 11.

#### Family Fun in the Gardens July - Aug

The Historic Gardens are a great place for kids - they enjoy the simple things in nature. But to keep your youngsters engaged, we provide a "bouquet of opportunities. Everyday activities like our Scavenger Hunts give your kids and extra project to do as you enjoy the Gardens, and our organized activities (GPS Quests, Junior Shutterbugs) provide a learning opportunity for kids or families.

#### More information:

[www.historicgardens.com](http://www.historicgardens.com) or 532-7018.

### Pedometers

Sign one out at Annapolis Royal Recreation



[www.club400.ca](http://www.club400.ca)

### Canoe Adventure for Teens

Milford Lake

July 19 - 23, Ages 13-17

Cost: \$100 Pre-register: 532 - 0286

### Annapolis RFC (Soccer)

Summer soccer programs for youth

Natal Days Soccer Tournament

President - Laurie McGowan: 532 - 7409



### Walk Annapolis Royal

Be sure to pick up or download your copy of the "Walk Annapolis Royal" brochure.

In it you will find a map of the streets & trails in Annapolis Royal.



### Annapolis County Recreation

#### 15th Annual Raven Haven Family Fun Day

July 3 1pm - 5pm

#### 31th Annual Fun Run

July 31 Register: 8:30 - 9:15

Pre-registration begins July 2

#### Walk with Nature

Delaps Cove Wilderness Trail

August 15 1pm

Contact: 532 - 2334



### Paint the Park

August 21, 9 - 11am

At the playground

For children

Create a masterpiece alongside the "Paint the Town" artists.

**Bandfest:** July 23 - 25

**Natal Day Weekend:** July 31 - Aug 2

**Paint the Town:** August 21 & 22

### Beach Volleyball Fun Tournament

Aug 2, 6:30pm

AWEC Court

Ages 14+

Fun & Prizes, Teams arranged on site

### Library Programs

#### Preschool story time

Mondays, 9 - 10am

#### Teen time

Tuesdays, 3:45 - 5pm

Ages 13-19

#### Kids Activities

June 19 & 26, July 3 & 10

9am - noon Ages 5-8

#### Kick start to summer reading

July 6, 10-11:30am

#### Facebook & Photostory for tweens

July 13, 10 - 11:30am

Ages 12-15

Phone: 532 - 0856

### King's Theatre

Children's Workshop

August 24 - 28

Performance August 28

Ages 9 - 16

Cost: \$90



### Power-Hour Fitness

Instructor Jane Power-Grimm

8 sessions beginning Sept. 8 at CES

Cost: \$25

### Valley Trekkers Walk 5/10km

Friday, September 10

All welcome!

John Rodie: 532 - 0503

### Terry Fox Run

September 19, 2pm

Town Hall

Run, Walk or Bike 3 - 10 km



ANNAPOLIS ROYAL

# Live it everyday!

*June is Recreation Month*