



Annapolis Royal Recreation Fall / Winter 2011

Power-Hour Class

ARRA: Mon 8:30-9:30pm
CES: Wed 8-9pm
Fall Session \$60, 22 sessions, Starts Sept 12
Instructor: Jane Power Grimm

Indoor Walking / Running (Gym)

CES: Tues 6:30-8pm
Starts Sept 13, \$20
Leader: Eric Brown

Floor Hockey

AWEC: Mon 7-9pm
Grade 9 +, Starts Sept 26, \$30
Leader: David Gregory

Basketball

ARRA: Thur 7:30-9pm
Ages 30+, Starts Oct 6, \$30
Leader: Robert McCarthy

Indoor Field Hockey

ARRA: Mon 7:30-8:30pm
Grade 9 +, Starts Sept 26, \$25
Leader: Mike Fearon

Volleyball (Co-ed)

ARRA: Sun 7-9pm
Ages 16 +, Starts Sept 18, \$30
Leader: Amanda Huston

Badminton

AWEC: Tues 7-9:30pm
AWEC: Thur 7-9:30pm
Grade 9+, Starts Sept 27, \$40
Leader: Mike Scott

Table Tennis

ARRA: Tue & Thur 6:30-9pm
Grade 9 +, Starts Oct 18, \$15
Leader: John Rodie

Indoor Soccer

AWEC: Wed 7-9:30pm
Grade 9 +, Starts Sept 26, \$30
Leader: Paul Lalonde

ARRA – Annapolis Royal Regional Academy
AWEC – Annapolis West Education Centre
CES – Champlain Elementary School

Please register the first week of class or you can pre-register with Sandi at Town Hall, Monday to Friday from 8:30-4:30pm. Discounts are available for students. For information on programs please contact Sandi at 532-3148 or email at accounting@annapolisroyal.com.